



Approved by:

Niels B. Poulsen

Only Girl

2 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 3 4 & 5 6 – 7 8 &	1/4 Turn, Forward Rock, Shuffle 1/2 Turn, Step 3/4 Spiral Turn, Left Lock Step right 1/4 turn right. Rock forward on left. Recover back onto right. Make 1/4 turn left stepping left to side. Step right beside left. Step left 1/4 turn left. Step forward on right. Make 3/4 turn left, on right foot letting left hook in front of right. Step forward left. Lock right behind left.	Turn Rock Recover Turn & Turn Step Turn Hook Left Lock	Turning right Turning left Forward
Section 2 1 – 3 4 & 5 6 – 7 8 &	Step, Forward Rock, Back Lock, 1/4 Turn Point, Hold, Step Step forward left. Rock forward on right. Recover back onto left. Step back on right. Lock left across right. Step back on right. Make 1/4 turn left, stepping left to left side. Point right to right side. Hold. Step right slightly behind left.	Step Rock Recover Back Lock Step Turn Point Hold &	Forward Back Turning left On the spot
Section 3 1 – 3 4 & 5 6 – 7 8	Cross, Right Side Rock, Right Samba Step, Cross Point, Cross Cross left over right. Rock to right side on right. Recover onto left. Cross right over left. Rock to left side on left. Recover onto right. Cross left over right. Point right to right side. Cross right over left.	Cross Rock Recover Cross Rock Step Cross Point Cross	On the spot
Section 4 1 – 3 4 & 5 6 – 7 8 & Restart	Push Back on Left, Together, Step, Lock Step, Step 1/2 Turn, Coaster Step Step left big step back leaving right toe pointed. Step right beside left. Step forward left. Step forward right. Lock left behind right. Step forward right. Step forward left. Make 1/2 turn right, weight remaining back on left. Step back right. Step left beside right. During wall 3 restart dance here (3:00) - Stepping forward on right (no turn).	Back Together Forward Right Lock Step Step Turn Back Together	Back Forward Turning right Back
Section 5 1 – 3 4 & 5 6 – 7 8 &	Walks Forward, Lock Step, Rock 1/4 Turn Right Sweep, Sailor Step Step forward right. Step forward left. Step forward right. Step forward left. Lock right behind left. Step forward left. Rock forward on right. Recover back on left making 1/4 turn right sweeping right out to side. Cross right behind left. Step left small step to left side.	Forward Left Right Left Lock Step Rock Sweep Behind &	Forward Turning right
Section 6 1 – 3 4 & 5 6 & 7 8 &	Side, Cross, 1/4 Turn Back, 1/4 Turn Chasse, Hold, Ball Side, Hold, Together Step right to right side. Cross left over right. Make 1/4 turn left stepping back on right. Make 1/4 turn left stepping left to left side. Step right beside left. Step left to left side. Hold. Step right beside left. Step left to left side. Hold. Step right beside left.	Right Cross Turn Side Close Side Hold & Side Hold &	Turning left Left On the spot
Section 7 1 – 3 4 & 5 6 – 7 8 &	Side Cross Rock, Chasse Right, Cross, 1/4 Turn Back, Back Lock Step left to left side. Cross rock right over left. Recover back onto left. Step right to right side. Step left beside right. Step right to right side. Cross left over right. Make 1/4 turn left stepping back onto right. Step back left. Lock right across left.	Side Cross Rock Side Close Side Cross Turn Back Lock	Left Right Turning left Back
Section 8 1 – 3 4 & 5 6 – 7 8	Back, Rock Back, Right Kick Ball Point, 1/4 Monterey Turn, Point, Touch Step back on left. Rock back on right. Recover forward on left. Kick right forward. Step right beside left. Point left to left side. Make 1/4 turn left stepping left beside right. Point right to right side. Touch right beside left.	Step Rock Recover Kick Ball Point Turn Point Touch	Back On the spot Turning left On the spot
Tag 1 – 2 3 – 4	Danced once at end of Wall 6, facing back wall Step right 1/4 turn right. Rock forward on left. Recover back onto right. Make 1/4 turn left stepping left to left side.	Turn Rock Recover Turn	Turning right Turning left

Choreographed by: Simon Ward (Aus) & Niels Poulsen (DK) January 2011

Choreographed to: 'Only Girl' by Rihanna (124 bpm) from Only Girl (in the world) CD (32 count intro, approx 15 seconds); also available as download from amazon.co.uk or iTunes

Restart : During wall 3 after count 32& facing 3:00 the last step of coaster becomes the first step of restart. There is no turn on this step.



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